



NANORA · LAUNCH PRODUCT GUIDE

Three sticks to bring back your body's rhythm.

nanora puts classical East Asian herbal formulas into a modern single-serve stick. Our first line is three products for digestive rhythm: ease, flow and sync.

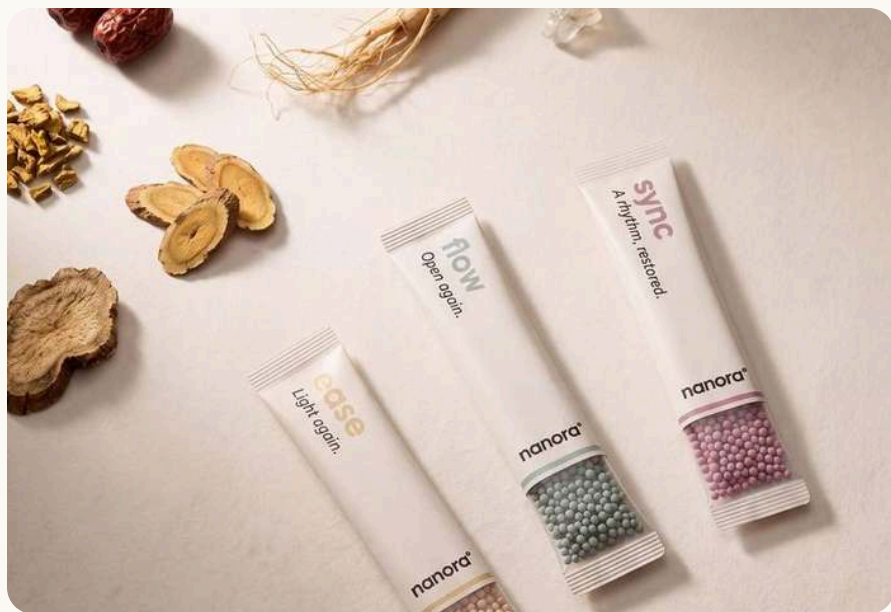
EASE · After-meal comfort

FLOW · Occasional reset

SYNC · Practitioner formula



Formulas proven over centuries, in a form that fits today.



Classical herbal formulas have already passed every test that time can give. What fell short was not the formula but the form. Hours of simmering, the bitter taste, the daily hassle. People believed in it, but few could keep it up.

nanora began to close that gap. The formula stays the same. Only the form changed. We take a concentrated extract of the herbs, shape it into small NanoActive beads, and pack it into a 3g stick. Tradition stays whole. Only the way it meets your day is new.

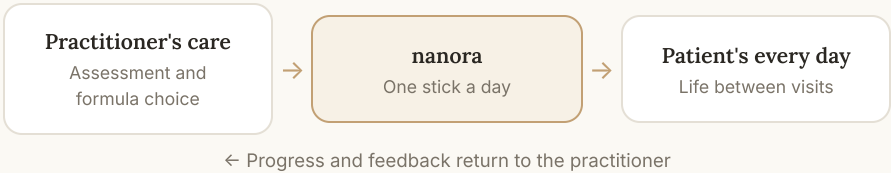
In nearly twenty years in East Asian and integrative medicine in the United States, I saw one thing that never moved: the form herbal medicine comes in. Changing that one thing is nanora.

Byung Yun Kim, Founder of nanora

Launched to extend the practitioner's care.



Helping practitioners deliver their own herbal medicine to patients more easily and for longer, and letting that care continue naturally outside the treatment room, nanora is not a brand that added a practitioner program later. It began from the relationship with practitioners. Program details are shared with partner practitioners separately.



The difference is purity.

Over 85% is the herbal medicine itself.

Most herbal preparations mix the extract with a large share of excipients to form pills or granules. nanora's beads are different. The concentrated extract itself is shaped into beads, so over 85% of each stick is herbal content. Excipients are kept to the minimum needed to hold the shape. Add low-temperature extraction, and less of the heat-sensitive content is lost along the way.



From concentrated extract to bead

NANOACTIVES STRUCTURE

Most processing boils tradition away.
NanoActives keep it inside.



SHELL

Protects delicate aromatic compounds and manages moisture and taste.

CORE

Concentrated herbal extract, precisely measured in every batch.

85%+

Herbal content

Over 85% of each stick is concentrated herbal extract.
Excipients kept to a minimum.

Low
temp

Extraction with less heat loss

No high-heat water extraction or high-heat drying, so less of the heat-sensitive content is lost.

4x+

Retention shown in a registered patent

In patent testing, retention of a heat-sensitive marker compound was over four times that of standard hot-water extraction.

FORM COMPARISON



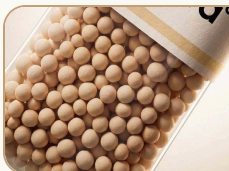
Traditional honey pill

Uneven paste. A high share of honey and excipients means a low herbal ratio, and the size makes it hard to swallow.



Powder · Granules

Content is easily lost in high-heat drying, and the bitter, dusty texture is hard to keep up every day.



NanoActive beads

Uniform spheres, smooth finish. The concentrated extract itself, made into beads. Over 85% herbal content. One stick, no water needed.

Retention figures are from a test example in a registered patent (cinnamon marker compound). Product-specific content will be published in batch certificates of analysis (COA).



ease

Light again.

A daily formula for when you feel full and heavy after meals. One stick a day to keep your center comfortable.

Based on	Classical herbal formula for digestive comfort
Form	3g stick · NanoActive beads
How to take	1 stick daily, after your main meal
Supply	36 sticks (about 1 month)

After-meal comfort Made for the occasional fullness and heaviness that comes after eating.

A settled stomach For that tight, full feeling under the breastbone, and the digestive discomfort that comes with stress.

One stick a day One stick after a meal. A routine that fits easily into daily life.



How to take it

Take 1 stick a day after your main meal, the largest meal of your day. Take it as is, no water needed, or with a sip of water. It is designed to be taken consistently, every day.

Recommended if

- You often feel full or heavy after meals
- Your digestion slows down when you are tense or stressed
- You want daily support but find decocted herbal medicine hard to keep up



flow

Open again.

A short reset formula for days when you feel backed up and heavy. Not a daily product. Take it only on the days you need it.

Based on	Classical herbal formula for bowel rhythm
Form	3g stick · NanoActive beads
How to take	1 stick at bedtime, only when needed
Supply	10 sticks

Regular bowel movements

Based on a classical formula that reopens a flow that has stalled.

Light and clear

For the heaviness and bloating that builds through the day.

Short, then check in

Use for up to 7 days in a row, then reassess how you feel.



How to take it

Take 1 stick at bedtime on the days you need it. Taken in the evening, you can expect a comfortable bowel movement the next morning. Stop once your bowel movements return to normal. Do not take it for more than 7 days in a row.

Please note

- flow is not a daily product. It is not designed for continuous use.
- If you are pregnant or breastfeeding, or have severe or unexplained abdominal symptoms, talk to your practitioner before taking it.
- If you feel you need it for more than 7 days, stop and talk to your practitioner.



sync

A rhythm, restored.

A formula for appetite and metabolic rhythm, with a long history of use in practice. Provided only under a practitioner's assessment and care.

Based on	Classical herbal formula for metabolic balance
Form	3g stick · NanoActive beads
How to take	Timing and dose set by your practitioner
Available	Through partner practitioners only

Appetite balance	Supporting a steady relationship with eating is where this formula begins.
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Daily rhythm	Designed around your body's cycle, not against it.
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Practitioner-guided	Recommendation, dose and follow-up all happen within the practitioner relationship.
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Why practitioner only

sync is the most active formula in the nanora line. The safest and most effective way to use it is for a practitioner to assess you, set the start, dose and duration, and follow your progress with you.

To receive sync

- Decided after a consultation with a partner clinic or integrative medicine practitioner.
- Follow the timing and dose your practitioner gives you. Do not increase it on your own or share it with others.
- If you notice any discomfort, stop taking it and tell your practitioner right away.

Three products, one role each.



ease

Light again.

One stick a day for after-meal fullness and heaviness.

Best for	Post-meal fullness, stress
How	1 daily, after main meal
Duration	Ongoing, daily



flow

Open again.

A short reset for when you feel backed up. Only on the days you need it.

Best for	Irregular bowels, heavy days
How	1 at bedtime, as needed
Duration	Up to 7 days, not daily



sync

A rhythm, restored.

A practitioner-only formula for appetite and metabolic rhythm.

Best for	With your practitioner
How	Set by practitioner
Duration	As directed

Available now through partner clinics.

nanora is currently in its pilot phase. Online ordering is not open yet. Products are available through practitioners at partner acupuncture and integrative medicine clinics.

1 Get it at the clinic

Talk with your practitioner at a partner clinic to receive ease and flow. sync is provided at your practitioner's discretion.

2 Take as directed

Follow this guide and the instructions on the stick. If you have questions, ask your practitioner.

3 Leave quick feedback

After trying it, scan the QR on the stick or box to leave short feedback. It helps shape what we make next.



Good to know.

Can I take it without water?

Yes. The beads can be taken straight from the stick, or with a sip of water.

Can I use ease and flow together?

They play different roles, and some people use both. Take ease daily and flow only on the days you need it. If you are not sure, ask your practitioner.

How soon will I notice a difference?

It varies from person to person. With flow, take it in the evening and see how the next morning goes. With ease, take it daily and notice how you feel after meals over time.

I take medication. Is it okay?

If you take any medication, are pregnant or breastfeeding, or have an underlying condition, consult a healthcare professional before use.

Why is sync only available at clinics?

It is the most active formula in the line, so it is safest when a practitioner sets the start, dose and duration and follows your progress. That is why it is provided only within a care relationship.

Can I see a certificate of analysis?

Batch certificates of analysis (COA) are in preparation and will be published once ready.

How should I store it?

Store in a cool, dry place away from direct sunlight. Use an opened stick right away.



GET STARTED · LEARN MORE

Scan the QR to visit the nanora page.



Product updates, nearby partner clinics and feedback, all in one place.

Leave your email to hear launch news first.

nanora.co/ease



These statements have not been evaluated by the Food and Drug Administration. nanora products are dietary supplements and are not intended to diagnose, treat, cure, or prevent any disease. sync is provided only by licensed practitioners within a care relationship. Visit nanora.co or email info@nanora.co